

# Kori Linn

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As a Life & Career Coach, I teach audiences, podcast listeners, and clients proven mindset tools that enable them to do excellent work, build deep relationships, and cultivate a powerful sense of satisfaction, at work and in the rest of their life too.

My speaking engagements are a great fit for high-performance organizations of all kinds who are looking to achieve big, innovative results without their employees burning out along the way.

My clients and audiences are doing game-changing work at HBO, Google, Zillow, Expedia, Providence Health, Nestlé, Chevron, and more. I've also had the pleasure and privilege of speaking at Chief, a networking group for C suite and rising VP women.

Before becoming a coach, I spent several years in corporate tech at a Fortune 500 company, designing and executing communications efforts that touched 25,000+ employees. While I had a lot of fun in tech, nothing compares to helping clients, podcast listeners, and audiences rewire their brains for more productivity, satisfaction, and fun.

Below are example talks that have resonated with corporate and non-profit audiences big and small. I also am accustomed to working with clients to build out customized content to meet an organization's specific needs.

## **Talk one: How to use mindset to stay on track with big goals & massive changes**

When teams and companies are working on innovative goals, mindset matters more than ever. In this talk, I explain what mindset is, why it matters, and how to use it on purpose to do excellent work in a sustainable way. The audience will learn actionable strategies for how to handle their big, ambiguous goals so that they can use their work time to get things done instead of wondering where to start. A senior leader at Zillow Group said that this talk helped him solve a work problem he'd been struggling with - before the speech was even done.

## **Talk two: How to manage anxiety and stress without burning out**

This talk was originally crafted to address the COVID-19 pandemic for Chief and was subsequently delivered to several other organizations. Because the content addresses stress and anxiety beyond the pandemic, the content continues to be relevant and useful for many companies and organizations. In this talk, I teach the audience a simple, effective way to handle anxiety. I also explain why the ways they've been trying to handle it aren't working. The audience also learns a coaching tool they can use to help themselves feel better and create workable solutions to the challenges they're facing.